

## Author of Brazilian Way Diet in NY to Address Diet Pills Controversy

Contributed by Newsroom  
Tuesday, 17 January 2006

Dr. Odilza Vital Fill, prominent Brazilian endocrinologist and metabologist, is in New York at this time to talk about Brazilian diet pills. She will hold a press conference on January 19.

Dr. Vital Fill condemns the use of appetite suppressant diet pills containing harmful ingredients, as reported recently in the media and which the American FDA is currently investigating.

Weight loss specialist, lecturer and author of Brazilian best-seller "Emagreça Para Sempre," third edition ("Lose Weight Forever the Brazilian Way"), Dr. Vital Fill, considered an expert on the subject, has dedicated more than 25 years to helping save lives by using all-natural "alternative methods."

Her methods are based on Chacras balance, natural resources, and Brazilian herbs mostly used by ancient Rain Forest "pajés" (xamans) and developed by her during frequent visits to the Amazon, considered unusual given her traditional, academic education.

Dr. Vital Fill has produced Maxilean for many years, a record-selling diet pill containing natural ingredients. She recently upgraded her formula to contain more natural herbs from the Brazilian Amazon Rain forest, called "Maximo Slim" Rain Forest Diet Pills, which are already available in the United States.

Many years ago, Dr. Vital Fill started a campaign "Diet Yes, Medication No" to help people who are willing to risk their lives by trying miracle weight-loss methods that prove unsuccessful in the long term.

"The formulas that promise rapid weight loss damage your body, mind and soul and don't solve the problem of obesity because they result in loss of weight without providing the ideal changes in eating habits and lifestyle. To slim by starvation is not only bad slimming, but life threatening," says Dr. Vital Fill.

"Chemical substances fed to the body, psychotropic substances that block the appetite by acting on the central nervous system, also affect the cardiovascular system, alter your temperament and cause chemical dependence (addiction). I have seen horrible cases of attempted suicide and seizures among people that have to undergo long-term psychiatric treatment because of weight loss formulas."

Dr. Odilza Vital Fill - [www.odilzavital.com](http://www.odilzavital.com)